

COVID-19 TESTING AND FOLLOW-UP CARE

Dear Madam or Sir,

You have just taken a COVID-19 screening test at the Clinique de Carouge. Please read and save these instructions carefully.

You will receive the results within the next 48h by SMS from the laboratory Dianalabs. If you don't receive it, please send an email to info.covid19@reseau-delta.ch or call at **022 309 45 31** or call Dianalabs at **022 807 12 40**.

Until you get the results, you must remain isolated at home. If you have symptoms or if the service of the cantonal doctor has asked you to get tested, you have to stay at home in quarantine.

If you test positive:

- You must stay at home for 10 days even if symptoms are no longer present. All family members living with you including children, must stay in quarantine.
- You'll receive a call from the Cantonal Doctor Service in order to inform you about the measures to leave quarantine or other information about your treatment. Likewise, a list will be built with the names of all the persons you have been in contact with during the 48h before your symptoms onset.



Warning signs for which you should immediately consult a doctor:

- Difficulty breathing with shortness of breath, difficulty finishing sentences, increase in breathing rate.
- Chest pain with a sensation of chest-pressure.
- Bloody sputum.
- Fever above 38.5°C which does not decrease despite taking Paracetamol.
- Very strong and uncontrollable chills.

IN CASE OF EMERGENCY

Go to one of our centers:

Clinique et Permanence d'Onex

98, Route de Chancy ONEX

Tel. **022 709 00 00**

Every day from 7h to 23h

Clinique de Carouge

Avenue Cardinal Mermillod 1, Carouge

Tel. **022 309 45 45**

Every day from 7h30 to 19h30.

Sundays from 8h to 18h

Or go to the emergency center closest to you.

Recommendations:

- If you suffer from chronic diseases: high blood pressure, cardiovascular diseases, diabetes, obesity, respiratory diseases, cancer, immunosuppression, contact your doctor.
- If you are pregnant, contact your gynecologist.
- Avoid taking anti-inflammatory drugs such as Ibuprofen. Prefer Paracetamol. If you take it systematically, get in touch with your doctor.
- **BE CAREFUL** of associations with Pretuval or Neocitran which also contain Paracetamol.

If you have any doubts or questions regarding your medical situation or your treatment, contact your GP for your medical follow-up during this infection by the Coronavirus SARS-CoV2.

If you have any other questions please send an e-mail to info.covid19@reseau-delta.ch or call at **022 309 45 31** or call at the cantonal helpline at **0800 909 400** (7d/7 from 10h to 22h).

FOR ANY LIFE-THREATENING EMERGENCY CALL 144

We thank you for your attention.

COVID-19 Testing Center
Clinique de Carouge